

NATIONAL DOUBLE DUTCH LEAGUE

6TH ANNUAL DOUBLE DUTCH CAMP

TRAINING WORKSHOP & NATIONAL TOURNAMENT

At Saint Leo University, Saint Leo, FL (Tampa)



www.NDDL.org/camp.htm • (813) 961-4009

NDDL is pleased to offer our 6th Annual **Double Dutch Training and Tournament Camp**. It is the nation's only Double Dutch camp for coaches, teams, & individuals, who want to learn more about the sport and improve their skills. This program offers five days of workshops, outstanding instruction, intensive skills training, and culminates in a camp-wide, official NDDL "Double Dutch Challenge" tournament.

- ☆ Train with international & national champion coaches, real DDDD Exhibition Team members, and the same NDDL clinicians who taught Corbin Bleu & Keke Palmer for the Disney Channel movie *Jump In!*
- ☆ Double Dutch Compulsory, Speed, and Freestyle / Fusion workshops
- ☆ Special workshops for coaches
- ☆ Pool and other recreational facilities
- ☆ Complete supervision at all times
- ☆ Safe, secure accommodations & well-balanced, nutritious meals



**2010
CAMP
BROCHURE**



NDDL DOUBLE DUTCH CAMP TRAINING WORKSHOP & TOURNAMENT

DATES

JULY 20 - JULY 24, 2010

Camp session runs Tuesday afternoon to Saturday afternoon, concluding with an awards ceremony. Coaches & campers are expected to arrive on campus by 3:00 on Tuesday and should plan to depart Saturday between 3:00 & 5:00 pm.

LOCATION & HOUSING

SAINT LEO UNIVERSITY

33701 State Road 52
Saint Leo, FL 33574-6665
(800) 334-5532
More information and directions available at:
www.saintleo.edu or visit
www.NDDL.org/camp.htm



HOUSING

Housing on campus and meals are included. Campers must provide their own linens (sheets, pillows, towels, etc.) otherwise there will be a \$15 linen charge. Campers will be housed two persons per room. We will make every effort to honor all roommate requests. Coaches will be housed on the same floor as their teams, with another coach. A coach may request an individual room for an additional fee. (Contact Lauren Walker at 813-961-4009)

TUITION & DEADLINES

\$ 350 EACH RESIDENT COACH / CAMPER

REGISTRATION DEADLINES

All application forms are due by **June 15, 2010**. Any new registrations after June 15, 2010 will be charged a mandatory additional **\$50** late fee per person.

A **non-refundable \$60** per person deposit is required with each application and must be submitted by June 15, 2010 to reserve your spot. The \$60 deposit will be deducted from your tuition balance.

Tuition balance is due by **July 6, 2010**. Balances that are not paid in full by June 15, 2010 will either be charged a mandatory additional **\$50** late fee, or NDDL may cancel your reservation.

CANCELLATION & REFUND POLICY

NDDL will offer a full refund to any cancellation requests received in writing before June 15, 2010.

NO refunds will be made after June 15, 2010, for ANY reason including: late arrivals, early departures, dismissals, time conflicts, illness, prior injuries or injuries that occur at the camp.

ELIGIBILITY

BEGINNERS, INTERMEDIATES, AND ADVANCED LEVELS

Anyone age 8 and over may attend. Coaches, team members, individuals. Boys and girls welcome!

We will accept individual applications, so even if you don't belong to a team, you can attend, and learn everything to teach your friends and start your own team! However, first preference will be given to team members and their coaches registering to attend as a group.

FACULTY

RENOWNED INTERNATIONAL & NATIONAL DOUBLE DUTCH COACHES, EXHIBITION TEAMS & FITNESS COACHES

Some of our featured clinicians:



Stephone Webb, aka "The Dutchmaster". Renowned Double Dutcher, choreographer, and trainer. Team Leader of champion *Jumpers in Command*, and the *DDDD* exhibition team.



Karen Vanderbug, Director of city-wide Double Dutch programs in New York City. Clinician of numerous training programs and judge of city and state-wide competitions, including the annual NDDL Holiday Classic.

NDDL may substitute or engage any clinicians or speakers to best meet the needs of the Camp. For updated list, please visit our website: www.NDDL.org

TYPICAL DAILY SCHEDULE

Breakfast	7:30 - 8:30 am
Stretching / Warm-Up	8:30 - 9:00 am
Performance Drills / Fitness	9:00 am - 12:00 pm
Lunch	12:00 - 1:00 pm
Rest & Relaxation	1:00 - 2:00 pm
Routine & Technique	2:00 - 5:00 pm
Freestyle Training	
Classroom Presentations	
Lectures	
Demonstrations	
Free Time	5:00 - 5:30 pm
Dinner	5:30 - 6:30 pm
Coaches Workshops/Activities	7:00 pm
Lights Out	10:30 pm



NDDL DOUBLE DUTCH CAMP 2010 APPLICATION

ALL APPLICANTS MUST COMPLETE THIS FORM - TEAMS PLEASE ALSO FILL OUT TEAM INFORMATION FORM

PERSONAL INFORMATION

Applicant's Name _____ M F [check one]
 Address _____
 City _____ State _____ Zip _____
 Home Phone _____ Work _____ Email _____
 Grade (next fall) _____ T-shirt size _____
 Coach Individual Team Member Applicant [check one]

ADDITIONAL INFORMATION

Main Areas of Interest: Basic Skills Speed Training Coach's Training Freestyle / Fusion
 Roommate Request: _____
 Team Name: _____ [for applicants registering with a team]

PAYMENT INFORMATION

\$60 reservation deposit / each person [by 6/15/10] \$350 full tuition / each person \$50 Late fee / each person [6/15/10]
 Amount of enclosed Check: \$ _____ ▶ Payable to National Double Dutch League *\$35 returned check fee
 Pay by Credit Card Visa Master Card Discover American Express
 Credit Card # _____
 Expiration Date [mm/yy] ____/____
 Security Code _____ (On the back of your card, locate the final 3 digit number; Amex, final 4 digit number on front of the card)
Required for your safety and security
 Card Holder Name _____
 Billing Address _____ City _____ State _____ Zip _____
 Home Phone [must be same as billing address] _____ - _____ - _____ (for verification purposes only)
 Card Holder Signature _____



PARENT / GUARDIAN PERMISSION WAIVER

I hereby authorize the directors and agents of the National Double Dutch League to act in my behalf using their best judgment in any emergency, including medical emergency. I hereby waive and release the League, Camp, its employees, volunteers, directors, sponsors, suppliers and facilities from any and all liability for illness or injury incurred while attending the Double Dutch Camp. I know of no mental or physical problems that might adversely affect my / my child's ability to participate in this Camp. I hereby grant the NDDL permission to use any photographs or video of me / my child for promotional purposes. I have read the information on the NDDL Camp brochure and agree to its terms and conditions.

Parent/Guardian's Signature _____ Date _____

Applications by: ☆ **MAIL**
 National Double Dutch League
 P.O. Box 270598
 Tampa, FL, 33688

☆ **FAX**
 813-961-4009

☆ **ONLINE**
www.NDDL.org/camp.htm



NDDL DOUBLE DUTCH CAMP-TEAM INFORMATION FORM 2010

IF REGISTERING AS A GROUP PLEASE FILL OUT AND INCLUDE THIS FORM WITH YOUR APPLICATION

GROUP / TEAM INFORMATION

Coach's Name _____

Team Name _____

Organization Name [if applicable] _____

City _____ State _____ Zip _____

Number of persons attending _____

TEAM MEMBERS INFORMATION

Team Members' Names

Grade (next fall)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____

GROUP APPLICATION CHECKLIST

- Completed application form enclosed for each team member?
- Completed application form enclosed for coach?
- Deposit payment enclosed for coach and each team member?
- Or - total payment enclosed for coach and each team member?
- Late fee enclosed, if applicable?

